Matthew M. Ragsdell, D.O.

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Professional Summary

Board-certified fellowship trained orthopedic surgeon with subspecialty certification in orthopedic sports medicine and 20+ years of clinical experience. Expertise in complex shoulder reconstruction including shoulder arthroplasty, sports medicine procedures, including advanced knee, shoulder, ankle and elbow procedures. Proven leader as practice owner, Medical Director, and Vice Chief of Staff. Committed educator and community advocate, including co-founding a 501(c)(3) foundation supporting families through infant loss.

Professional Experience

Orthopedic Sports Medicine Surgeon: Spine Institute of Florida

Tampa, Orlando, Dade city, Trinity, Crystal River. October 2026-present.

Experience in Personal Injury cases.

Orthopedic Surgeon | Medical Director, Orthopedic Clinic | Vice Chief of Staff

Scotland County Hospital, Memphis, MO

June 2024 – Present

- Deliver specialized orthopedic care with focus on Sports Medicine and shoulder reconstruction.
- Oversee orthopedic clinic operations and quality initiatives as Medical Director. ● Serve on the executive leadership team as Vice Chief of Staff.

Owner & Orthopedic Surgeon

Regenesis Orthopedics, South Pasadena, FL

September 2021 – 2024

- Founded and operated independent orthopedic practice specializing in total joint arthroplasty, shoulder reconstruction, and sports medicine.
- Managed full spectrum of outpatient and surgical care in a private setting.
- Experience with Personal Injury and workers compensation Working with Tampa Bay Spine and Sports.

Orthopedic Surgeon

Jefferson City Medical Group, Jefferson City, MO

January 2018 – September 2021

- Specialized in joint reconstruction and sports medicine, with emphasis on advanced shoulder arthroplasty.
- Managed complex cases including revisions and multi-ligament reconstructions.

Orthopedic Surgeon

Center for Bone & Joint Disease, Hudson, FL

September 2015 – December 2017

● Focus on sports medicine, joint reconstruction, and Level 2 trauma coverage. ● Built significant shoulder arthroplasty volume alongside a sports medicine practice and trauma coverage.

Orthopedic Surgeon
Phelps County Regional Medical Center, Rolla, MO

August 2012 – July 2015

- Focused on shoulder arthroscopy and arthroplasty within a general orthopedic practice.

Orthopedic Surgeon

Black Mountain Orthopaedics, Henderson, NV

August 2008 – July 2012

- Managed Level 1 trauma, complex fractures, revisions, and difficult shoulder cases ● Extensive sports medicine with general orthopedic procedures.

Teaching & Consulting Experience

Resident Educator

University Medical Center, Las Vegas, NV

August 2008 – 2012

Resident Educator

William Beaumont Hospital, Royal Oak, MI

August 2007 – July 2008

Education

Fellowship – Sports Medicine & Shoulder Reconstruction

William Beaumont Hospital, Royal Oak, MI

August 2007 – July 2008

Residency – Orthopedic Surgery

Michigan State University – Pontiac Osteopathic Hospital, Pontiac, MI

2003 – 2007

Rotating Internship

Michigan State University – Pontiac Osteopathic Hospital, Pontiac, MI

2002 – 2003

Doctor of Osteopathic Medicine

Kansas City University of Medicine & Biosciences, Kansas City, MO

2002

- Class President (1998–1999)
- High Honors, Clinical Rotations

Bachelor of Science – Biology (Minor: Chemistry)
Evangel University, Springfield, MO

1997

- Four-year varsity letterman, Football

High School

David H. Hickman High School, Columbia, MO

1992

- Football Team Captain; All-State Offensive Line; All-American Honorable Mention; Outstanding Male Athlete; All-State Shot Put

Licensure & Board Certification

- **American Osteopathic Board of Orthopedic Surgeons**
  - Orthopedic Surgery (Certified 2011; Recertified 2021)
  - Orthopedic Sports Medicine (Additional Certification)
- Missouri Board of Healing Arts
- Florida Board of Osteopathic Medicine
- Drug Enforcement Administration (DEA) License

Professional Affiliations

- American Academy of Orthopaedic Surgeons (AAOS)
- American Osteopathic Academy of Orthopedics (AOAO)
- American Osteopathic Association (AOA)

Community Leadership

Co-Founder

Beau's Buddies Charitable Foundation (501(c)(3)), Jefferson City, MO

2017 – Present

- Established nonprofit in memory of son Beau to provide financial assistance, grief counseling, and remembrance support for families experiencing infant loss.

Research Experience

- **2007**: *Balanced Arthroscopic Reconstruction of the Inferior Glenohumeral Ligament Complex for High-Risk Shoulder Instability*. William Beaumont Hospital, Royal Oak, MI.
- **2006**: *Incidence of Lateral Retinacular Release in Navigated Total Knee Arthroplasty*. Michigan State University, Pontiac, MI.
- **1998**: *The Effect of Enoxaparin on Anastomosed Femoral Vessels Using Standard Crush Model in the Rat*. University of Missouri School of Medicine, Columbia, MO.
- **1997–1998**: *Free Fat Grafting in the Presence of Vascular Endothelial Growth Factor*. University of Missouri School of Medicine, Columbia, MO.
- **1996–1997**: *The Elimination of Staphylococcus aureus and Pseudomonas aeruginosa from Contaminated Orthopaedic Wounds* and *The Complexities of Irrigating Contaminated Orthopaedic Wounds*. University of Missouri School of Medicine, Columbia, MO.

Publications & Presentations

Lectures

- *Periscapular Fractures*. American Osteopathic Academy of Orthopedic Surgeons Annual Meeting, Orlando, FL (March 2010).
- *Shoulder Instability*. American Osteopathic Academy of Orthopedic Surgeons Annual Meeting, Orlando, FL (March 2010).

Book Chapter

- Ragsdell M, Wiater JM. "Complications of Total Shoulder Arthroplasty." *American Shoulder and Elbow Surgeons Curriculum Guide for Treatment of Shoulder Injury*. American Shoulder and Elbow Surgeons (Digital, August 2008).

Peer-Reviewed

- Ragsdell MM, Anderson K. "Sports Trauma: Cervical Spine Injuries and On-Field Examination." *Orthopaedic Knowledge Online* (2009).
- Ragsdell MM, Anderson K, Collon D, Cooper RJ, Scher S. "Antero-Posterior Capsulo-Labral Advance for Shoulder Instability." Poster, NFL Team Physicians Association Meeting (February 2008).
- Ragsdell MM. "Case Report: The Development of Avascular Necrosis of the Humeral Head After Conservative Treatment of a Proximal Humerus Fracture." *American Osteopathic Academy of Orthopedics Resident Papers* (2007).
- Ragsdell MM, Morawa L. "Incidence of Lateral Retinacular Release in Navigated Total Knee Arthroplasty." *American Osteopathic Academy of Orthopedics Resident Papers* (2006). ● Ragsdell MM, Manoli A. "The Enhanced Coleman Block Test for Diagnosis of the Subtle Cavus Foot." *American Osteopathic Academy of Orthopedics Resident Papers* (2005).
- Ragsdell MM, Ragsdell KM. "Healthcare and the Modern Hospital: What We Can Learn From the Factory." *Second International Conference on the Management of Healthcare and Medical Technology*, Illinois Institute of Technology (July 2002).

Abstracts

- Conroy BP, Gainor BJ, Anglen JO, Phaup JG, Yeager R, Ragsdell M, Christensen G. "The Elimination of Staphylococcus aureus and Pseudomonas aeruginosa from Contaminated Orthopaedic Wounds." *Mid-America Orthopaedic Association* (April 1998).
- Conroy BP, Burd T, Anglen JO, Simpson WA, Christensen G, Phaup G, Yeager R, Ragsdell M, Gainor BJ. "The Complexities of Irrigating Contaminated Orthopaedic Wounds." *American Orthopaedic Association 31st Annual Residents' Conference* (February 1998).
- Coy J, Ragsdell MM. "Caliber Confusion: Bullet Localization and Caliber Identification with Radiographs." *Military Medicine* 161(11):704-6 (1996).