

JEFFREY J. BROOKS, M.D.

Orthopaedic Surgery and Sports Medicine Center, P.C.
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CURRENT PRACTICE (2005-present)

- Senior Partner, Orthopaedic Surgery and Sports Medicine Center, PC Stamford & New Canaan, CT

SURGICAL SPECIALIZATION

- Orthopaedic trauma surgery, post-traumatic reconstruction & deformity correction
- Hand & upper extremity surgery

SURGICAL TRAINING

Hand Surgery Fellowship
2003 – 2004

St. Luke's-Roosevelt Hospital, C.V. Starr Hand
Surgery Center Hand, Microvascular and
Upper Extremity Fellowship (director: Dr.
Steven Z. Glickel)

Orthopaedic Trauma Fellowship
2002 – 2003

Brown University School of Medicine/Rhode
Island Hospital Orthopaedic Trauma
Fellowship (director: Dr. Peter G. Trafton)

Residency
1998 – 2002

Brown University School of Medicine/Rhode
Island Hospital Orthopaedic Surgery
Residency (director: Dr. Michael G. Ehrlich)

Internship
1997 – 1998

Brown University School of Medicine/Rhode
Island Hospital General Surgery Internship
(director: Dr. William Cioffi)

EDUCATION

Medical School 1993-97

Columbia University, College of Physicians &
Surgeons
DEGREE: Doctor of Medicine, A.O.A.
(In top 5 in graduating class)

Undergraduate 1989-93	Washington and Lee University DEGREE: B.A., Chemistry, Phi Beta Kappa, Magna Cum Laude, June 1993 Cumulative G.P.A.: 3.8 (In top 10 in graduating class)
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PROFESSIONAL MEMBERSHIPS

American Academy of Orthopaedic Surgeons (AAOS)

Connecticut Orthopaedic Society

Fairfield County Medical Association

Connecticut State Medical Society

Littler – Eaton Hand Surgery Society

HOSPITAL APPOINTMENTS

2013- present	Norwalk Hospital, Norwalk, CT
2005-present	Stamford Hospital, Stamford, CT
2005-2016	Orthopaedic Trauma Liaison, Stamford Hospital
2002-2003	Brown University/Rhode Island Hospital Clinical Instructor in Orthopaedics

LICENSURE

May 2004 - Present	State of Connecticut, Allopathic (M.D.) License #042397
May 2002 – June 2003	State of Rhode Island & Providence Plantations, Allopathic (M.D.) License # MD10847

LICENSING & SUBSPECIALTY EXAMINATIONS PASSED

2018	American Board of Orthopaedic Surgery Part II: <i>recertified</i>
2008	American Board of Orthopaedic Surgery Part II: <i>board certified</i>
2002	American Board of Orthopaedic Surgery, Part I

1998	United States Medical Licensing Examination (USMLE) – step III
1996	United States Medical Licensing Examination (USMLE) – step II
1995	United States Medical Licensing Examination (USMLE) – step I

HONORS, AWARDS, DISTINCTIONS

2005-present	1) Connecticut Magazine “Top Docs” 2011, 2012, 2013, 2014, 2015, 2016 2) vitals.com “Compassionate Doctor” and “Patients’ Choice Award” (multiple years) 3) In top 10% among local orthopaedists by online patient ratings (healthgrades.com, vitals.com, ratemds.com) 4) Castle Connolly “Top Doctors”, 2017-2019
Medical School	1) The McGraw-Hill Book Award for Academic Excellence (#1 ranked student first year P&S medical class) 2) Alpha Omega Alpha Honor Society – inducted early -- as 3rd year student 3) Graduated as one of the top 5 students in class (not otherwise ranked) -- per Dean, Dr. Linda Lewis, personal communication, Feb, 1997 4) U.S.M.L.E. exams: Step I.....98th percentile Step II.....93rd percentile
Undergraduate	1) Phi Beta Kappa 2) Undergraduate Cumulative GPA: 3.8 3) Omicron Delta Kappa National Leadership Honor Society 4) Alpha Epsilon Delta Premedical Honor Society 5) Stonewall Jackson Hospital President's Award for Outstanding Volunteer Service

- 6) The J. Keith Shillington Scholarship for Excellence in Organic Chemistry (awarded Sophomore, Junior, and Senior years)
- 7) Phi Kappa Psi Fraternity Scholarship (awarded all 4 years for highest G.P.A. in fraternity)

PRESENTATIONS/TEACHING

2019-2024	Oral Examiner, American Board of Orthopaedic Surgery
2007-2016	Monthly Stamford Hospital Orthopaedic Trauma Quality Review Conference, Founder & Chair
2010-2018	American Academy of Orthopaedic Surgeons, Oral Board Review Course, Instructor Chicago, IL
2010, 2013, 2014, 2015, 2019	Stamford Hospital Orthopaedic Resident/PA Teaching Conference, "Coronoid Fractures: Varus Posteromedial Rotatory Instability vs Posterolateral Rotatory Instability"
2008, 2010	Synthes ORP Fracture Course, Instructor Newport, RI & Greenwich, CT
2006 & 2007	The Stamford Hospital Department of Surgery Grand Rounds: <i>Orthopaedic Trauma, Pearls & Pitfalls</i>
2005	The Stamford Hospital Department of Medicine Grand Rounds: <i>Carpal Tunnel Syndrome – Diagnosis & Management</i>
Academic Year 2003/4	1) Bi-weekly lectures covering all aspects orthopaedic trauma -- the lectures are attended by St. Luke's-Roosevelt Residents as well as Attending Staff 2) St. Luke's-Roosevelt Orthopaedic Hand Service Grand Rounds: "Open Distal Radius Fractures", presented 9/2/03 3) St. Luke's-Roosevelt Orthopaedic Hand Service Grand Rounds: "Vascularized Bone Grafts", presented 11/19/04 4) St. Luke's-Roosevelt Hospital Orthopaedic Grand Rounds: "Tibia Fractures, Evaluation and Management", presented 10/30/03

	5) St. Luke's-Roosevelt Hospital Orthopaedic Grand Rounds: "Osteotomy for Malunited Fractures of the Distal Radius", presented 12/18/03
	6) St. Luke's-Roosevelt Hospital Orthopaedic Grand Rounds: "Difficult Femur Fractures – Evaluation & Management", presented 2/6/04
May 2003	Rhode Island Hospital/Brown Medical School Department of Orthopaedics: 41 st Annual M.S. Danforth Oration: <i>presentation of my original research</i> , "Changes in 3-Dimensional Carpal Kinematics after Carpal Tunnel Release"
May 2002	Presenter, 40 th Annual M.S. Danforth Oration, "Chronic PCL Avulsion Injury: Diagnosis and Management"
March 2001	Grand Rounds, Department of Orthopaedics, Rhode Island Hospital, "Ergogenic Drugs in Sports"
December 2001	Rhode Island Hospital Adult Reconstruction Conference, "Cemented vs. Uncemented Total Hip Arthroplasty"
February 2000	Rhode Island Hospital Adult Reconstruction Conference, "Patellofemoral Disorders"
September 1996	Hospital for Special Surgery Sports Medicine Division Grand Rounds, "Is Distance Running a Risk Factor for Development of Osteoarthritis in the Runner's Knee?"

SELECTED COMMUNITY TALKS & ACTIVITIES

2011, 2013, 2015, 2017, 2019	New Canaan High School Career Night, "My Life as a Surgeon"
2015	New Canaan Parent/Teacher Committee Lecture Series Presentation, "Athletic Injuries in Children"
2011, 2012	Stamford Hospital Health Fair, "Ask The Doctor"
2007	Community Outreach Talk, "Common Hand Problems"

STUDENT SERVICE

Medical School

Student Success Network, Anatomy Workshop Instructor (1994-95) (selected after competitive interview process in which approximately 80 students applied for 15 positions.)

Undergraduate

1) Stonewall Jackson Hospital Pre-Med Student Volunteer Program - founder (1990), participant (1990-93)

2) Dormitory Counselor (1991-92 and 1992-93)

WRITING & RESEARCH EXPERIENCE

1. Li S, **Brooks JJ**, Jacob J, Ghasemiesfe A, Marrinan GB. Not All Sagittal Band Tears Come With Extensor Instability: a Case Report with Radiological and Operative Correlation. *Skeletal Radiol.* 2018 Apr;47(4):593-596.
2. Khurana, S, **Brooks, JJ**. Radiographic Outcomes in Treatment of Thumb Basal Joint Arthritis: Does Interposition of Acellular Dermal Allograft Prevent Metacarpal Settling? AAOS Paper Presentation, 2017.
3. Schiller, Jonathan R, **Jeffrey J Brooks**, P Kaveh Mansuripur, Joseph A Gil and Edward Akelman. "Three-Dimensional Carpal Kinematics after Carpal Tunnel Release." *Journal of wrist surgery* 5 3, 2016: 222-6.
4. **Brooks, J.**, Glickel, S.Z., Fietti, V., Barron, O.A., Catalano, LW. Operative Treatment of Fractures of the Distal Radius: a Comparison of Two Methods. Paper Presented at The American Society for Surgery of the Hand Meeting, San Antonio, TX. Sept 2005.
5. **Brooks JJ**, Schiller JR, Allen SD, Akelman E. Biomechanical and Anatomical Consequences of Carpal Tunnel Release. *Clinical Biomechanics.* 2003 Oct;18(8): 685-93
6. **Brooks, J.**, Green, A., Moore, D., Levine, S., Lambiase, R., McAllister, S. The Effect of Scapular Rotation on Apparent Acromial Morphology: a Radiographic Study of the Outlet View. Submitted to Orthopaedic Research Society, 2002 meeting.
7. Green, A., **Brooks, J.** Massive Traumatic Rotator Cuff Tears. Submitted to AAOS for 2002 meeting.

PERSONAL INTERESTS

Triathlon (Iron and Half-Iron distances)

Marathon Running

Cycling

Youth Sports Coaching (girls lacrosse, boys football)

Carpentry & Woodworking