

Jessica Roos

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Forensic Psychologist

Licensure

Licensed Psychologist - California No. 33396
Licensed Psychologist- Vermont No. 048.0135115TELE
Licensed Psychologist- Virginia No. 0810008800
Licensed Psychologist- Texas: No. 40634
Licensed Telehealth Psychologist- Florida No. TPPY2789

Professional Experience

Roos Forensic Psychology Consulting, Inc., San Diego, CA
Owner/Forensic Psychologist

August 2025- Present

- Conducts psychological evaluations, expert testimony, and consultation for criminal and civil matters.
- Services offered include personal injury/emotional distress evaluations, defense base act evaluations, independent medical evaluations, mental health diversion, competency to stand trial, psychosexual evaluations, violence risk assessment, youthful offender mitigation, and mitigation assessments.
- Assess cognitive, behavioral, emotional, and personality functioning, along with assessment of other factors related to the evaluation and prepare detailed report of findings.
- Provide expert witness testimony.

County of San Diego-Adult Forensics Unit
Senior Clinical Psychologist

June 2026- Present

- Conduct competency to stand trial evaluations and other court-ordered forensic psychological evaluations.
- Prepare comprehensive forensic reports addressing court-ordered referral questions.
- Provide expert testimony regarding forensic findings when needed.
- Collaborate with attorneys, judicial officers, psychiatrists, and multidisciplinary professionals throughout the forensic evaluation process.

Board of Parole Hearings
Offenders with a Mental Health Disorder (OMHD) Evaluator

September 2025- Present

- Conduct independent evaluations under PC §2962 to assess the presence of a treatable, severe mental disorder and its causal relationship to the committing offense.
- Determine whether the individual represents a substantial danger of physical harm to others due to a severe mental disorder.
- Prepare comprehensive forensic reports integrating record review, clinical interview, and diagnostic formulation for Board of Parole Hearings determinations.

Liberty Healthcare, San Diego, CA
Forensic Psychologist

September 2025- May 2026

- Evaluated defendants for competency to stand trial, conducted mental status examinations, and formulate

diagnostic impressions.

- Authored comprehensive forensic reports and collaborated with psychiatrists, nurses, mental health clinicians, and ancillary staff.
- Provided risk assessments, crisis management support, and court testimony as needed.

Vorwerk Forensic Psychology, Inc., San Diego, CA

September 2022- August 2025

Forensic Psychologist

- Conducted forensic evaluations across civil and criminal cases (mitigation, competency to stand trial, psychosexual, violence risk assessment, mental health diversion, Franklin Evaluations- Youthful Offender Psychological Mitigation, and Personal Injury/Emotional Distress/Damages/ Independent Medical Evaluation).
- Integrated psychological testing, legal record reviews, and literature into comprehensive reports.
- Presented trainings to attorneys on interviewing clients with mental health disorders, mitigation evaluations, and mental health diagnoses in personal injury cases.
- Provided clinical supervision and mentorship to a postdoctoral intern, including case consultation, report review, and professional development guidance.

Richard J. Donovan Correctional Facility, San Diego, CA

September 2019- July 2024

Unlicensed Clinical Psychologist, September 2019 – June 2022

Licensed Clinical Psychologist June 2022 – July 2024

- Delivered therapy, crisis intervention, and group treatment for inmates in Administrative Segregation and the Mental Health Delivery System.
- Performed suicide risk, psychosocial, and diagnostic evaluations; led treatment planning with multidisciplinary teams.
- Managed caseloads of up to 25 patients and supervised clinicians as secondary unit lead.
- Completed forensic assessments, including Rule Violation Reports on the role of mental illness in disciplinary offenses.

Vorwerk Forensic Psychology, Inc., San Diego, CA

May 2019- September 2022

Forensic Report Writing Assistant

- Trained alongside a licensed forensic psychologist.
- Received structured guidance from supervisor on how to formulate reports and answer referral questions.
- Conducted extensive record reviews, summary of records, and completed research and review of the literature to answer the referral question.

CDCR- California Institution for Men, Chino, CA

August 2018- August 2019

Pre-Doctoral Intern

- Provided therapy and crisis interventions to inmates admitted to the Mental Health Crisis Beds, Administrative Segregation Unit, and Outpatient Units.
- Conducted daily Suicide Risk Assessments and Mental Health Evaluations/Psychosocial Assessments by providing a diagnosis and determining chronic and acute risk factors.
- Co-developed and co-facilitated a safety planning group, a transgender psychotherapy group, and co-facilitated a sex offender psychotherapy group.
- Selected, administered, and interpreted psychological assessments and compiled comprehensive reports.
- Conducted PC3002 evaluations.

Riverside Behavioral Healthcare Center, Riverside, CA

July 2017- July 2018

Practicum Student

- Provided therapy and group treatment for adults with severe mental illness in a locked private psychiatric

hospital.

- Co-developed PTSD and 12-step groups; facilitated anger management and activity-based therapy.
- Conducted psychological testing when applicable including interpreting and formulating a report and collaborated with multidisciplinary staff.

Outreach Concern, Westminster, CA

September 2016- June 2017

Practicum Student

- Provided individual therapy sessions to school-aged children to address social, emotional, and academic concerns to help ensure their academic and personal success.
- Communicated effectively with parents and families to provide them with community resources.
- Led weekly educational counseling groups using self-created curriculums for concerns such as grief and loss, changing family systems, social skills, and anger management.
- Coached teachers in the accurate conceptualization of children's areas of need and determined developmentally appropriate goals.

15th Circuit Solicitor's Office, Conway, SC

January 2012- December 2013

Undergraduate Intern

- Shadowed solicitors during pre-trial and trial for juvenile court.
- Observed juvenile court proceedings and collaborated with Department of Juvenile Justice.
- Assisted with case management, report revisions, and client communication.

Coastal Recovery Center, Myrtle Beach, SC

August 2012- December 2012

Undergraduate Intern

- Provided support to therapist in delivering therapy and counseling services to patients.
- Assisted in facilitating group therapy sessions, providing a supportive environment.
- Participated in client education sessions, relaying information about treatment options and resources

Additional Experience

TCSPS Counseling Center, Irvine, CA

May 2017- August 2018

Administrative Assistant

- Provided comprehensive administrative support to ensure the smooth operation of the office.
- Handled incoming calls, emails, and inquiries, providing timely and professional responses.
- Assisted with billing and invoicing processes, including generating invoices and processing payments.
- Engage in ongoing professional development opportunities to enhance office operations.

Institute for Behavioral Health, Redlands, CA

June 2016- October 2017

Behavior Specialist

- Provided direct therapeutic interventions utilizing Applied Behavior Analysis (ABA) techniques to increase language, communication skills, social skills, appropriate play skills, cooperation skills, and daily living skills.
- Developed operationally defined targeted behaviors or educational goals and established observable and measurable objectives to facilitate the client's abilities and resources in reaching his or her maximum potential.

Corrective Solutions: RISE Program, Rancho Cucamonga, CA

October 2015- June 2016

Case Manager

- Conducted assessments on first-time offenders.

- Monitored defendant's compliance with court-ordered conditions.
- Administered drug and alcohol tests when needed.
- Collaboratively communicated with other criminal justice agencies as required.

Law Office of Joseph Fruchter, Hauppauge, NY

February 2015- July 2015

Legal Assistant

- Provided high level secretarial and administrative support to attorney.
- Processed a range of standard legal document including bill of particulars, appeals, summons and complaints, and subpoenas.
- Proofread and revised legal documents.
- Assisted in preparing settlement demands for cases.

Education

The Chicago School of Professional Psychology, Irvine, CA

August 2019

Doctor of Psychology, Clinical Forensic Psychology, Psy.D

Dissertation Title: Suicide by Cop and Mental Health

Coastal Carolina University, Conway, SC

December 2013

Bachelor of Arts, Psychology, Minor Sociology

Thesis Title: Relationship between External Locus of Control and Trait Anxiety in a College Sample

Presentations

Common Mental Health Diagnoses in Personal Injury/IME cases

November 2024

Co-presenters Dr. Vorwerk & Dr. Vickerman

- Provided a one-hour and 15-minute training to various attorney offices on emotional distress, common mental health disorders associated with emotional distress, how forensic psychologist assess for emotional distress and applying it to personal injury cases.

Mitigation in Action: Mitigation Strategies & Mental Health in Criminal Defense

October 2024

Co-presenters Dr. Vorwerk & Dr. Vickerman

- Provided a one-hour and 15-minute training to the Orange County Public Defender's office on the specialty of mitigation forensic evaluations, identifying mitigation factors, and applying these factors within the criminal justice system.

Identifying & Interviewing Clients with Mental Disorders

April 2024

Co-presenters Dr. Vorwerk & Dr. Vickerman

- Provided a three-hour training to the Orange County Public Defender's office on the specialty of forensic psychology, how it applies to the legal system and how to interview individuals with mental health disorders within the criminal justice system.

Not Guilty by Reason of Insanity and RVR Assessments

February & May 2019

Co-presenters Dr. Morehead

- Provided a three-hour training to mental health clinicians at California Institution for Men and California Institution for Women on the history and legal ramifications of not guilty by reason of insanity and how it related to rule violation report (RVR) assessments in the prison system. Dr.

Morehead presented to mental health clinicians on how to conduct an RVR assessment of inmates.

Relevant Forensic & Clinical Trainings

- Preparing to Testify: Interacting w Lawyers & Assembling Tools to Write Reports & Prep Testimony(April 2026). FMHAC Conference.
- Meeting the Court's Expectations for MH Professionals; Addressing Competence to Stand Trial(April 2026). FMHAC Conference.
- Evaluating Risk of Sexual Violence(March 2026). University of Mexico. Online.
- Autism Spectrum Disorder & it's Impacts on Criminal-Legal Situations(December 2025). University of Mexico. Online.
- Effective Expert Testimony for Forensic Evaluation (December 2024). Palo Alto University. Online.
- STATIC-99R Training (November 2024). Dr. Andrew Brankley. Online.
- Psychological Testing: Validity Training (November 2024)Dr. Dan Martel.
- Psychological Evaluation in Personal Injury & Civil Rights Cases (May 2024). Palo Alto University. Online.
- MMPI-3 in Personal Injury & Disability Evaluations (April 2024). Palo Alto University. Online.
- Assessing Allegations of Trauma in Forensic Contexts (April 2024). Palo Alto University. Online.
- Basics of Civil Personal Injury for Psychologists. (December 2023). APA Division 43. Online.
- Evaluation of Competence to Stand Trial (November 2023). The Judicial Council of California. Online.
- Rule Violent Report Mental Health Assessment Part 1 & Part 2 Richard J. Donovan Institution CDCR. (May 2023). San Diego, CA.
- HCR-20-V3 Overview 2023 (February 2023). Palo Alto University. Online
- Risk Assessment for Violence: Key Concepts, Tools, & Practice 2023 (February 2023) FMHAC. Online
- Guide to Authoring the Gender Affirming Surgery Evaluation 2022 (August 2022). Richard J. Donovan Institution CDCR. San Diego, CA.
- Affirming Care with Gender Minority Patients 2022 (July 2022) Richard J. Donovan Institution CDCR. San Diego, CA
- Integrated Substance Use Disorder Treatment 2021 (June 2022) Richard J. Donovan Institution CDCR. San Diego, CA.
- Suicide Prevention 2022 (June 2022) Richard J. Donovan Institution CDCR. San Diego, CA.
- Mental Health Evaluation SB 132 Cross-Gender Institutional Transfer Requests 2022 (May 2022). Richard J. Donovan Institution CDCR. San Diego, CA.
- Complex Cases in Correctional Mental Health: Improving Diagnostic Accuracy with Enhanced Case Study 2021(October 2021). Richard J. Donovan Institution CDCR. San Diego, CA.
- Mental Health Suicide Risk Management Program (July 2021). Richard J. Donovan Institution CDCR. San Diego, CA.
- Prison Rape Elimination Act (PREA) Duty to Report 2020 (May 2020). Richard J. Donovan Institution CDCR. San Diego, CA.
- Anger Management Essentials: Managing and Controlling Anger (May 2020). Richard J. Donovan Institution CDCR. San Diego, CA.
- Mental Illness, Staff Perceptions, and Misrepresenting Symptoms 2019 (October 2019). Richard J. Donovan Institution CDCR. San Diego, CA.
- Childhood Trauma and Early Development: Forensic Implications (October 2017). The Chicago School of Professional Psychology. Irvine, CA