

Dina D. Strachan, M.D.

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1) Date of last update: October 13, 2023

2) Education: 06/1988 A.B. in Biology HARVARD COLLEGE
 06/1994 M.D. YALE UNIVERSITY

3) Postdoctoral Training:

- i. 06/1994-5 UNIVERSITY OF CALIFORNIA, SAN FRANCISCO, internship in Medicine
- ii. 07/1995-8 UNIVERSITY OF CALIFORNIA, SAN FRANCISCO, Dermatology residency, Chief Resident service
- iii. 08/1999-2000 UCLA School of Medicine/Charles R. Drew University of Medicine and Science, Fellowship in Medical Education
- iv. 07/2000 Medical Informatics MBL/NLM Course Fellow- Marine Biological Laboratory, Woods Hole, MA. Sponsored by the National Library of Medicine. Certificate, Spring course
- v. 09/2001-2003 COLUMBIA UNIVERSITY, Department of Medical Informatics Post-doctoral training in Medical Informatics

4) a. Licensure: New York, Connecticut

b. Board qualification: Dermatology 10/1998; recertification through 2028

5) Professional Organizations and Societies

1997-1999	Resident Member, American Academy of Dermatology Sexually Transmitted Diseases committee
1998-present	Member, American Academy of Dermatology
1998-2000	Member, Association of Black Women Physicians, Los Angeles, CA
1999-2000	Member, Los Angeles Metropolitan Dermatological Society
1999-2000	Member, Charles R. Drew University, Academic Senate, Member of the School of the Curriculum and Learning Resources Committee
2000-2004	Member, American Academy of Dermatology, Telemedicine Task Force
2000-2006	Member, Greater New York Dermatological Society
2001-2003	Member, American Medical Informatics Association
2002-2006	Member, American Academy of Dermatology, Managed Care Task Force,
2002-2008	Member, National Medical Association
2002-present	Member, Manhattan Central Medical Society
2005-2008	Member, Medical Society of the State of New York
2019-present	Member, Skin of Color Society

6) Academic Appointments:

7/99-8/00	Assistant Clinical Professor, University of California, Los Angeles, Department of Internal Medicine, Division of Dermatology
8/98-8/00	Assistant Professor, Charles R. Drew University of Medicine and Science, Department of Internal Medicine, Division of Dermatology
01/01-2010	Assistant Clinical Professor (part-time), Dept. of Dermatology, Columbia University
09/2010-present	Assistant Clinical Professor, Dept of Dermatology, NYU

7) Hospital Appointments:

09/2010-present	NYU Medical Center- Assistant Clinical Professor (volunteer, PT), Department of Dermatology
09/2004-2010	St Vincent's Catholic Medical Center, New York, NY
09/2002- 2006	New York University Health Center, New York, NY
09/2000-2003	St Luke's Roosevelt Hospital Center, New York, NY
09/2001-2003	Beth Israel Medical Center, New York, NY
09/1998-2000	Martin Luther King Jr Hospital, Los Angeles, CA
09/1998-2000	Rancho los Amigos Medical Center, Downey, CA

8) Honors

2016 -2017	"Top Dermatologists East Coast" – Aesthetic Everything
2015	"24 Influencers Making Black Beauty History Now" essence.com
2014-present	Selected as New York Area "Super Doctor"
2008	Selected as one of "Forty Five Faces" of A Better Chance
2007-9	"Top Dermatologist" Consumers' Research Council of America
2007	Marquis Who's Who of American Women
2004 -present	"Top Black Doctors in New York," The Network Journal
2003	"40 Under Forty" Achievement Award, The Network Journal, June
2000	Member, <i>Strathmore's</i> WHO'S WHO

9) Fellowship and grant support

2018	Skin of Color Society and P&G Mentorship Grant program
1987	Josephine L. Murray Travelling Fellowship "Foraging behavior and the distribution of mango trees in a group of tamarin monkeys." Isla Clara, Panama, with the School for Field Studies
1988	Isobel L. Briggs Traveling Fellowship
1988	Education for Action Grant, Radcliffe College (To study Hindi)
1989	National Medical Fellowship, Empire State Merit Scholarship
1991	Wilbur G. Downs International Health Traveling Fellowship, 1991, Yale University School of Medicine. "A field efficacy trial of a candidate hepatitis A

- vaccine.” Armed Forces Research Institute of Medical Science, Department of Virology, Thailand, 1991, Innis, B, Strachan, DD.
- 1991 Yale Summer Research Fellowship, 1991, Yale University School of Medicine. “A field efficacy trial of a candidate hepatitis A vaccine.” Armed Forces Research Institute of Medical Science, Department of Virology, Thailand, 1991, Innis, B, Strachan, DD.
- 1993 Yale Short-term Research Fellowship, Yale University School of Medicine, for MD thesis: “Synthesis, transport, and function of the GRA3 protein in Toxoplasma gondii” 1993, Joiner, K, Strachan, DD.
- 1992-4 Joseph Collins Foundation Scholarship
- 1998 AAD International Affairs Committee/British Association of Dermatologists, Fellowship

10) Teaching experience and responsibilities

- 1/99-8/00 Director of Residency Training, Martin Luther King, Jr. Hospital, Department of Medicine, Division of Dermatology
- 7/99-8/00 Assistant Clinical Professor, University of California, Los Angeles, Department of Internal Medicine, Division of Dermatology
- 8/98-8/00 Assistant Professor, Charles R. Drew University of Medicine and Science, Department of Internal Medicine, Division of Dermatology
- 01/01-2010 Assistant Clinical Professor (part-time), Dept. of Dermatology, Columbia University
- 07/2010-present Assistant Clinical Professor, Dept. of Dermatology, NYU School of Medicine

11) Other professional activities

- 2021 Marketing Coaching- independent
- 2020 Business Coach and Mentor- Innovate Mississippi (Women and Minority Entrepreneurial Development Program)
- 9/89-8/90 Perinatal Case Manager, Mattapan Community Health Center, Mattapan, MA
- 9/96-2/98 Dermatologist, Clinica Esperanza (HIV services), Mission Neighborhood Health Center, San Francisco, CA
- 7/97-6/98 Dermatologist, Kaiser Permanente, Oakland California
- 8/98-8/00 Physician Specialist, Martin Luther King, Jr. Hospital, Department of Internal Medicine, Division of Dermatology
- 08/98-9/99 Physician Specialist, Rancho los Amigos Hospital, Department of Internal Medicine
- 09/00-12/02 Assistant Attending, Dept. of Dermatology, St. Luke’s-Roosevelt Hospital Center
- 9/2000-10/2005 Staff physician, New York University Health Center
- 10/2002-present Private Practice, Owner Dina D. Strachan, MD P.C. New York, NY
- 8/2004-2005 Columnist, The Harlem Times, New York, NY

Editorial Services:

01/99- 2000 Section Editor, Journal of the National Medical Association, Dermavision
2000-2003 Reviewer, The Female Patient

Consulting Activities:

1/99-08/00 Speakers Bureau, Pfizer Pharmaceuticals
12/99 Program Chair, Primary Care Preceptorship in Dermatology, Charles R. Drew University of Medicine and Science, December 11, 1999. Designed and coordinated 6 hour CME program in dermatology for community-based primary care physicians.
08/02-2003 Speakers Bureau, 3M Pharmaceuticals
2004-2005 Speakers Bureau, Allergan
2007-2010 Consultant, Alberto Culver
2011-2013 Speakers Bureau, Allergan
2011-2013 Speakers Bureau, Medicis
2012-2013 Speakers Bureau, Bayer
2012-2014 Consultant, CVS pharmacy
2013-2014 Speakers Bureau, Galderma
2014 Media consulting, Hawaiian Tropic
2015-2019 Speaker, Puracap Pharma
2017-present Consultant, Ales Group (Phyto brand)

Community Service:

2013 Mentor, Women's Dermatologic Society Mentorship Award Program
Hosted resident physician Dr. Joyce Imahiyerobo-Ip from the Dartmouth training program to study ethnic skin.
2010 Mentor, hosted visiting medical student from Meharry Medical College for summer rotation
1990 Executive Producer, "Health Crisis in the Mattapan Community."
Roxbury Community Television
1995-6 Mentor, Florence Crittenton Services, San Francisco, CA 1995-6. Served as a career and personal mentor to pregnant and parenting girls.
1998-9 Participant, Teen Shop, Los Angeles, CA Orientation Workshops.
1999-2002 Interviewer, A Better Chance, Los Angeles, CA 1999; New York 2000-2.
1999 Mentor, American Academy of Dermatology, Minority Student Preceptorship Program
1999 Association of Black Women Physicians, Los Angeles, CA. Member of the Education Committee 1998-2000.
2002 Mentor, Adopt-A-Junior Program, Sponsors for Educational Opportunity, (Spring)
2003 Founder, Distinguished Speakers Series, A Better Chance
2003-present Member, Alumni Advisory Board, A Better Chance
2003- 2005 Board Member, Battery Dance Company, New York, New York

2005-2006	Vice President, 1400 5 th Avenue Condominium Board, New York, NY
10/2005-2010	Board Member, Office of Professional Medical Conduct, New York State Department of Health
2007	Official Consulting Dermatologist, Metropolitan Pageant Productions for Miss New York City, Miss Manhattan, and Miss Long Island (preliminary for Miss America)
2018-2019	Member, 1400 5 th Avenue Condominium Board, New York, NY

12) Publications:

PUBLICATIONS/BIBLIOGRAPHY:

BOOKS:

1. Moxie Mindset: Secrets of Building a Profitable, Independent Physicians Practice in a Competitive Market, 2018 (Amazon bestseller)

RESEARCH

1. Taylor SC, Cook-Bolden F, Rahman Z, Strachan DD. Acne Vulgaris in Skin of Color. J Am Acad Dermatol. 01-Feb-2002, 46(2 Suppl Understanding): s98-106.

LETTERS

1. Strachan DD, Okereke U. Hair care practices and their association with scalp and hair disorders in African American girls (letter). J Am Acad Dermatol. 01-Jan-2012, 66 (1): 157-8.

REVIEWS

1. Strachan DD, Kelly AP. Skin Disorders in Adolescent Females: Diagnosis and Treatment. The Female Patient. 2000;25:3741-2, 44, 4950.
2. Strachan DD. Evaluation of Hair Loss in Women. The Female Patient. 2001;26:54-8.

TEACHING CASES

1. Strachan DD. Dermatology DX. Case 3: An early ear problem (accessory tragus), The Cortlandt Forum 2000;13;
2. Strachan DD. Dermatology DX. Case 2: Decades-Old Pigmentation (Palmoplantar Hyperpigmentation), The Cortlandt Forum. 2000; 13: 39-40.
3. Strachan DD. Dermatology DX Case 2: An eye for the diagnosis (eczema herpeticum) The Cortlandt Forum. 2001; 3-4.

CHAPTERS

1. Strachan DD. Scleredema. In: James WD, Elston D. (Chief Eds.); eMedicine Dermatology. St. Petersburg: eMedicine Corporation, 2000.
2. Strachan DD. Urticaria (Chronic). In: James WD, Elston D. (Chief Eds.); eMedicine Dermatology. St. Petersburg: eMedicine Corporation, 2000.

3. Zaks B, Strachan DD. Connective Tissue Nevus In: James WD, Elston D. (Chief Eds.); eMedicine Dermatology. St. Petersburg: eMedicine Corporation, 2000.
4. Strachan DD. The Dermatological Manifestations of HIV Infection in Ethnic Skin In: Stone V et al (Editors); HIV/AIDS in U.S. Communities of Color. Springer, 2009.
5. Strachan DD. The Profitable Practice Coach In: The Making of a Medical Mogul, vol 2. Purposely Created Publishing Group 2018
6. Strachan DD. Be An On-Air Expert In: Scale Your Business Like a Medical Mogul: 28 Strategies to Build Your Following, Fortune & Freedom. Purposely Created Publishing Group 2019.

NON-ACADEMIC

1. Strachan, DD. Protect Yourself Against Sunburn. News & Views Population Health & Prevention, San Francisco Department of Public Health, 7-98, vol. 1, No. 7 : 2.
2. Lay articles for Harlem World magazine, The Network Journal.
3. Strachan DD. 7 Tips for managing dry, winter skin. www.healthyyounow.com January 19, 2010.
4. [“I don’t apologize for being a fast doctor”](#) guest blog- September 30, 2016. KevinMD.com (listed as one of the “classic” articles for 2016 and shared over 4k times).
5. “Got hair loss? Get a proper diagnosis” -guest blog – January 12, 2017-Naturally Stellar
6. [“What your doctor wishes you knew about insurance”](#)- guest blog- January 25, 2017. Clear Health Costs website
7. [“Finding Joy in Independent Physician’s Practice.”](#) Practical Dermatology Sept 2018
8. [“Alexithymia: patient satisfaction, doctor burn out, and health care costs”](#) December 26, 2019. KevinMD.com
9. [“Why is it hard to find a good dermatologist in a competitive market?”](#) May 30, 2020. KevinMD.com.

MEDIA

On-Camera expert: The Black Beauty Effect – 2022- streaming on Netflix 2023

Cast member: The Tea Online talk show and book club

https://www.youtube.com/channel/UCrBbuAuJ_iPDn4fHNeiKUwg - July 2017

Print: The New York Times, The Washington Post, AMA News, Latina Magazine, Black Enterprise, Dr. Oz The Good Life, Ebony, Essence, Health, Shop Smart, The Network Journal, aol/Body, Crain’s New York Business, Redbook, Women’s Health, My Family Doctor, Black Hair styles and care guide, Harvard Magazine, Sesil Magazine, Cosmopolitan, Yahoo! Lifestyle, Better Homes and Gardens

Television:

The Black Beauty Effect episodes 2 and 3- 2022 Xumo, Spectrum networks
The Dr. Oz Show, CBS News, Healthline, WNBC News, Brooklyn Savvy, Arise 360 tv, HSN, NY1, BBC America

Radio: “Healthy and Beautiful Skin for Life,” WALE 990 AM

The Bev Smith Show, And the Women Gather radio, The Tom Joyner Show
Internet: Shape, health.com, BeautyNewsNYC.com, better.tv, imagecollegemag.com, kevinmd.com, mommymd.com, Good Morning America. Loop21, Readers Digest, Today.com, Type F, Buzzfeed, Yahoo! Beauty, BBC America, WebMD

13) Presentations:

- 2022 “Lupus on the skin: what you should know.” Foundation for Black Women’s Wellness, Lupus Support Group for Women of Color, (virtual)
- 2022 “7 Dermatology Wellness Secrets” Housing Works, New York (virtual)
- 2022 “Compliance and regulatory issues affecting locums physicians” The Locums Docs Summit (virtual)
- 2021 “Online Review Management: What to do when you get a bad review” National Medical Association annual conference July 17, 2021 (virtual)
- 2021 “Compliance and regulatory issues affecting locums physicians” The Locums Docs Summit (virtual)
- 2021 “Causes of Hair Loss” The Rejuvenation Summit (Hair and Brows) April 24, 2021 (virtual)
- 2021 “Ethnic hair” The Rejuvenation Summit (Hair and Brows) April 24, 2021 (virtual)
- 2020 “Medical-legal issues in Dermatology” NYU Resident Lecture (virtual) March 26, 2020
- 2020 “The Brick and Mortar Model” Momentum in Medicine (virtual) April 24, 2020
- 2020 Body focused repetitive behavior Habitaware broadcast May 15, 2020 (virtual)
- 2019 “Defying Gravity” The Yale Club of New York City December 4, 2019
- 2019 “Got Hair Loss?: Get a Diagnosis” Hair Plus Summit 2019 Atlanta, GA
- 2019 “Self-Promote Without Feeling Like a “Show-Off”” Women’s Leadership Institute, 3rd Annual Conference, 2019. Westchester Community College, Valhalla, NY, March 30, 2019.
- 2017 “The Art of the Peel” Aesthetic Everything Beauty Expo 2017. Scottsdale, AZ. May 13, 2017.
- 2014 “Pearls in Treating Skin of Color and Practice Pearls.” Doctors Charles and Susan Crutchfield Lecture. University of Minnesota Grand Rounds. August 13, 2014.
- 2012 “Cases from the Old West” – Resident lecture NYUHC Department of dermatology, April 17, 2012

- 2011 “Seven tips for healthy skin, hair and nails” The Malcolm X and Dr. Betty Shabazz Memorial and Educational Center, March 9, 2011
- 2009 “Image is everything” panelist Own Your Power Business Conference. St John’s University Queens New York. October 10, 2009.
- 2009 “Health and Beauty From the Inside Out” panelist. “The Greater Allen A.M.E. Cathedral of New York Women’s Health Ministry Speaker Series. March 28, 2009.
- 2008 “Dermatological Issues in Patients of African Descent: A review and update” Manhattan Central Medical Society, New York, NY January 30, 2003
- 2007 “What I wish I had know before going to practice” Student National Medical Association (SNMA) regional conference, Brooklyn, NY March 10, 2007
- 2004 “Get That Healthy Glow” Own Your Power Workshop, Gots To Have It! Marketing, August 10, 2004.
- 2003 “Dermatological Issues in Patients of African Descent” Manhattan Central Medical Society, New York, NY February 20, 2003
- 2002 “The Dermatologic Manifestations of HIV,” National Medical Association 2002 Annual Convention Post Convention Session/NMAETC Meeting, Maui, HI August 9, 2002
- 2002 “Closing the Digital Divide: A Computer-Based Resource for Visual Medicine,” National Medical Association 2002 Annual Convention, Aerospace, Military and Occupational Medicine session, Honolulu, HI, August 5, 2002.
- 2002 “The Dermatologic Manifestations of HIV,” National Medical Association Regional Meeting, Detroit, MI May 4, 2002.
- 2002 “The Dermatologic Manifestations of HIV,” National Minority AIDS Education and Training Conference, Better Choices, Better Outcomes: Improving HIV/AIDS Clinical Management, Brooklyn, NY April 19, 2002.
- 2002 “What is Medical Informatics?” Cuba/US Dermatology Exchange, Havana, Cuba, January.
- 2001 “The Dermatologic Manifestations of HIV,” National Minority AIDS Education and Training Conference, Better Choices, Better Outcomes: Improving HIV/AIDS Clinical Management, Houston, TX June 23, 2001.
- 2001 “The Seven-Year Itch and Other Bugaboos,” American Academy of Physicians Assistants Annual Meeting, Anaheim, CA May 26, 2001.
- 2001 “The Dermatologic Manifestations of Internal Diseases” American Academy of Physicians Assistants Annual Meeting, Anaheim, CA May 26, 2001.

- 2001 “The Dermatologic Manifestations of HIV,” National Minority AIDS Education and Training Conference, Better Choices, Better Outcomes: Improving HIV/AIDS Clinical Management, Chicago, IL, April 21, 2001.
- 2001 “The Dermatologic Manifestations of HIV,” National Minority AIDS Education and Training Conference, Better Choices, Better Outcomes: Improving HIV/AIDS Clinical Management, Santa Monica, CA, March 10, 2001.
- 2000 “The Dermatologic Manifestations of HIV and STDs,” National Minority AIDS Education and Training Center, Charles R. Drew University of Medicine and Science, Los Angeles, July 28, 2000
- 2000 “The Seven-Year Itch and Other Bugaboos,” Grand Rounds, Department of Internal Medicine, Rancho los Amigos Medical Center, Downey, CA, July 27, 2000.
- 2000 “The Seven-Year Itch and Other Bugaboos,” Grand Rounds, Department of Dermatology, Albany Medical College, Albany, NY, March 24, 2000.
- 2000 “A case report and clinical review of a unique ethnic dermatosis.” Weddington, J and Strachan, DD presented at the Gross and Microscopic Symposium at the AAD, 2000.
- 2000 “The Seven-Year Itch and Other Bugaboos,” Imperial Heights Clinic, Los Angeles, CA February 16, 2000.
- 1999 “Primary Care Dermatology” Imperial Heights Clinic, Los Angeles, CA December 15.
- 1999 “Morphology” Primary Care Preceptorship in Dermatology, Charles R. Drew University of Medicine and Science, December 11, 1999.
- 1999 “ The Dermatologic Manifestations of HIV and STDs.” The 1999 National Conference on Women and HIV/AIDS. Los Angeles, CA October 11, 1999

“Lumps and Bumps.” Department of Family Practice, Imperial Heights Health Center, Los Angeles, CA, September 1999.

1999 “Erythema Dyschromicum Perstans” Weddington J, Strachan DD. National Medical Association Annual Meeting, Las Vegas, NV, August 1999.

1999 “Dermatologic Manifestations of Systemic Diseases.” Strachan, DD. Internal Medicine Grand Rounds, Rancho los Amigos Hospital, Downey, CA August 5, 1999.

1999 “Skin Diseases in Patients Affected with HIV.” Social Security Administration, Black Affairs Advisory Council, Eighth Annual Training Conference, Los Angeles, CA, July 29, 1999.

1999 “Therapy for Urticaria.” Hubert H. Humphry Community Health Center, Los Angeles, CA, April 13, 1999.

1999 “The Skin and the Endocrine System.” Grand Rounds, Department of Internal Medicine, King/Drew Medical Center, Los Angeles, CA, April 13, 1999.

1999 “Therapy for Urticaria.” Department of Internal Medicine, Hubert Humphries Health Care Center, Los Angeles, CA, March 31, 1999.

1999 “The Skin and the Endocrine System.” Division of Endocrinology, King/Drew Medical Center, Los Angeles, CA, March 31, 1999.

1999 “Varicella Zoster Virus Infection.” Strachan, DD. Internal Medicine Grand Rounds, Rancho los Amigos Hospital, Downey, CA March 18, 1999.

1999 “What Do You Know About STDs?” College Bound, Los Angeles, CA, February 1999.

1999 “Therapy for Urticaria.” Department of Family Practice, Imperial Heights Health Center, Los Angeles, CA, February 1999.

1999 “Therapy for Urticaria.” Department of Family Practice, California Hospital, Los Angeles, CA, March 1999.

1999 “Malignant Melanoma.” Department of Otolaryngology, King/Drew Medical Center, Los Angeles, CA, January 1999.

1998 “The Skin and HIV infection: A Review and Update.” Strachan, DD. Internal Medicine Grand Rounds, King/Drew Medical Center, Los Angeles. December 1, 1998.

1998 “Board Review-Dermatology.” College of Allied Health-Physician Assistant Program, King/Drew Medical Center, Los Angeles, CA, August 1998.

- 1998 "Bowel Bypass Syndrome." Strachan, DD, Egbert, B. presented at the American Academy of Dermatology 1998 Gross and Microscopic Symposium, Orlando, FL, March 1998.
- 1998 "Unusual facial papules in an infant girl." Strachan, DD, Frieden, I. presented at the Society for Pediatric Dermatology 1998 meeting, Orlando, FL, March 1998.
- 1998 "Dermatology for the Primary Care Physician." Strachan, DD. UCSF, Office of Continuing Medical Education, Community Hospital Outreach Program CME lecture for Warrack Hospital, Santa Rosa, CA, February 1998.
- 1997 "Bowel-Associated Dermatitis Arthritis Syndrome." Strachan, DD, Egbert, B. Presented at the 1997 meeting of the Pacific Dermatologic Association, Portland, OR, August, 1997.
- 1997 "An angiocentric Lymphoid Infiltrate in a Patient with a History of Patch-stage Mycosis Fungoides." Strachan, DD, Zackheim, H, McCalmont, T. Presented at the American Academy of Dermatology 1997 Gross and Microscopic Symposium, February 1997.
- 1991 "A field efficacy trial of a candidate hepatitis A vaccine." Innis, B, Strachan, DD. Presented at the Wilbur G. Downs International Health Traveling Fellowship conference, New Haven, CT 1991.
- 1990 "Trends in infant mortality--at home and abroad." Strachan, DD. Presented at the Overseas Development Network Global Objectives Conference 1990, Davis, CA.
- 1987 "The effects of moral judgment stage on the utility function form in young adults: The decision to sacrifice one's own grades to keep tutoring commitments." Presented at "From moral action to judgment and back: The relationship between action and stage." Cambridge, MA. 1987.