



Douglas Wayne Martin MD

CNOS

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DOB: 03/14/1965

Professional Profile

After starting my medical career practicing both family and occupational medicine, I now devote my full attention to the occupational health field. After considerable training and 30 years of experience I offer expertise in many disciplines:

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| ▪ Injury Care | ▪ Medical Review Officer |
| ▪ Disability Management | ▪ Impairment Ratings |
| ▪ Second Opinion Exams | ▪ Fitness for Duty Determinations |
| ▪ Regulated Exams (DOT etc.) | ▪ Independent Medical Exams |
| ▪ Causation Analysis | ▪ Medical File Reviews |
| ▪ Expert Witness | ▪ Complex Musculoskeletal Issues |

Professional Certifications & Designations

American Board of Family Medicine

- Board Certified 1994
- Recertified 2000
- Recertified 2007
- Recertified 2017

International Academy of Independent Medical Evaluators

(Formerly the American Academy of Disability Evaluating Physicians)

- Fellowship Obtained in 1997 (as AADEP)
- Certified Evaluator of Disability & Impairment Rating AMA Guides 4th Ed.-2000
- Certified Evaluator of Disability & Impairment Rating AMA Guides 5th Ed.-2002
- Certified Evaluator of Disability & Impairment Rating AMA Guides 6th Ed.-2009
- Certified Interpreter of Functional Capacity Assessment – 2003
- Certified Medico Legal Evaluator - 2020

American College of Occupational & Environmental Medicine

- Fellowship Obtained in 2000

	<p>American Academy of Family Physicians</p> <ul style="list-style-type: none"> ▪ Fellowship Obtained in 1999 <p>Medical Review Officer Certification Council</p> <ul style="list-style-type: none"> ▪ Certified MRO in 1995 ▪ Recertified 2000 ▪ Recertified 2006 ▪ Recertified 2011 ▪ Recertified 2021 <p>American Association of Medical Review Officers</p> <ul style="list-style-type: none"> ▪ Recertified MRO in 2016 <p>American Board of Independent Medical Examiners</p> <ul style="list-style-type: none"> ▪ Certified 1995 <p>Professional Supervisor of the Audiometric Monitoring Program</p> <ul style="list-style-type: none"> ▪ Certified by the Council for Accreditation in Occupational Hearing Conservation in 2016 ▪ Recertified 2021 <p>Clinical Laboratory Improvement Amendments (CLIA)</p> <ul style="list-style-type: none"> ▪ Certified Laboratory Director in 2012 (University of Iowa) <p>Federal Aviation Administration</p> <ul style="list-style-type: none"> ▪ Certified Aviation Medical Examiner 1995 ▪ Air Traffic Controller Designated Examiner 2009 ▪ Senior AME Designation 2010 <p>United States Citizenship and Immigration Service</p> <ul style="list-style-type: none"> ▪ Certified Civil Surgeon 1995
Work History	<p>2023-present Medical Director, Occupational Medicine CNOS</p> <p>1999-2022 Medical Director, UnityPoint Health – Occupational Medicine, Sioux City, Iowa Previously Known as the St. Luke’s Center for Occupational Health Excellence</p> <p>2012 - Current Center Medical Director, Octapharma Plasma Incorporated - Sioux City</p> <p>2012 - 2022 Medical Director, O’Hara LLC Nebraska Workers Compensation Managed Care Medical Plan</p>

	<p>1999-Current President, Martin Occupational Medicine PC, Dakota Dunes, South Dakota www.mom-pc.com</p> <p>1998-1999 Medical Director, HealthSouth Occupational Medicine, Sioux City, Iowa and North Sioux City, South Dakota</p> <p>1996-1998 Medical Director, WORKS Occupational Health Services, Sioux City, Iowa and North Sioux City, South Dakota</p> <p>1994-1996 Staff Physician, Grandview Occupational Medicine and Family Practice, South Sioux City, Nebraska</p>
Volunteer Work History	<p>2010- current Medical Staff, National and International Scout Jamborees, Chief Medical Officer of Isolation, Public Health Service Team, Bechtel Summit Reserve, Glen Jean, WV</p> <p>2008 – Current Superintendent, Union County, South Dakota Board of Public Health</p> <p>2014 – Current Medical Director, Dakota Valley Emergency Services Area</p> <p>1995 – 2020 Medical Staff, War Eagle District, Boy Scouts of America Provide no-cost physical exams for any Scouter in the District, Staff District Events</p>
Education & Training	<p>Family Medicine Residency Genesis Family Medicine Residency Program Formerly Known as the Mercy-St. Luke's Family Medicine Residency Program Davenport, Iowa 1991-1994</p> <p>Occupational Medicine Comprehensive Training Course Formerly Known as the Mini-Residency in Occupational Medicine University of Cincinnati Cincinnati, Ohio 1993-1994</p>

	<p>Doctor of Medicine (Distinction) University of Nebraska College of Medicine Omaha, Nebraska May 11, 1991</p> <p>Bachelor of Science (Highest Distinction) University of Nebraska-Lincoln Lincoln, Nebraska May 9, 1987</p> <p>Diploma (Valedictorian) Louisville High School Louisville, Nebraska May 16, 1983</p>
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Professional Licensure	<p>Nebraska Physician #18932 Issued September 15, 1992</p> <p>Iowa Physician #28886 Issued September 9, 1992</p> <p>South Dakota Physician #3939 Issued April 25, 1995</p> <p>North Dakota Physician #16038 Issued November 22, 2019</p> <p>Illinois Physician (Inactive)</p> <p>Arkansas Physician (Inactive)</p>
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Professional Memberships	<p>American College of Occupational & Environmental Medicine</p> <p>International Academy of Independent Medical Evaluators (Formerly the American Academy of Disability Evaluating Physicians)</p> <p>American Academy of Family Physicians</p> <p>American Medical Association</p> <p>Iowa Academy of Family Physicians</p> <p>Central States Occupational Medical Association</p> <p>Iowa Medical Society</p> <p>National Association of Parliamentarians</p>
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**Professional
Society
Service**

American College of Occupational & Environmental Medicine

- Board of Directors (Director) (2025-2028)
- Citizens Ambassador Program Delegation Leader (2023-2024)
- Immediate Past President (2023-2024)
- President (2022-2023)
- President Elect (2021-2022)
- Vice President (2020-2021)
- Executive Committee (2017-2018, 2020-2024)
- Board of Directors (as Officer) (2016-2018, 2020-2024)
- Bylaws Policy and Procedure Committee (2020-2021 (Chair), 2024-2027)
- Chair - House Board Liaison Committee (2020-2021)
- Awards Committee (2020-2021, 2023-2024(Chair))
- Finance Committee (2020-2023)
- Accreditation Committee (2019-2021, 2023-2024)
- Speaker – House of Delegates (2017-2018)
- Speaker Elect – House of Delegates (2016-2017)
- Recorder-House of Delegates (2015-2016)
- 4Ps Committee (2016-2017)
- Fellowship Examiners Committee (2017-2020)
- Marijuana in the Workplace Task Force (2015-current)
- Learning Center Task Force (2017)
- Candidate Selection Committee (2016, 2021, 2023-2024)
- House of Delegates Member (2000-current)
- Medical Review Officer Section Chair (2000-2020)
- Private Practice Section Secretary/Treasurer (1998-2020)
- Private Practice Section OH Guide Project Lead (2017-2023)
- Clinical Practice Workgroup Chair (2004-2015)
- Council on Education and Academic Affairs (2011-2021)
- Coding Task Force (2012-2023)
- Doctor Finder Task Force (2011-2013)
- Footprint of Occupational Medicine Task Force (2012-2013)
- Opioid Task Force (2012-2013)
- Cornerstone Project Committee (2005-2008)
- Patient/Client Satisfaction Surveys Ad Hoc Committee (2015-2023)
- On- Line Education Subcommittee (2017-2020)
- ACCME Accreditation Task Force Chair (2018)
- Bylaws Committee Advisor for Revision (2018-2019)
- Council on Government Affairs (2024-2027)

International Academy of Independent Medical Evaluators

(formerly the American Academy of Disability Evaluating Physicians)

- Board of Directors (1999-2007, 2014-2016)
- Veritas Medicus Foundation President (2007-2017)
- AMA Guides 6th Edition Advisory Panel Representative (2006-2018)
- President (2006)

- Vice President (2005)
- Treasurer (2003-2004)
- Secretary (2002)
- CEDIR VI Examination Committee Chair
- CEDIR IV Texas Designated Doctor Examination Committee Chair

Iowa Academy of Family Physicians

- Foundation President (2012-2015)
- Delegate to the AAFP HOD (2018-2022)
- Alternate Delegate to the AAFP HOD (2013-2017)
- Board Chair (2008-2009)
- President (2007-2008)
- President-Elect (2006-2007)
- Vice President (2005-2006)
- Board of Directors (1999-2009, 2013-2022)
- Education Committee (1997-current)

American Medical Association

- House of Delegates
 - Iowa Medical Society Delegate (2023-current)
 - Iowa Medical Society Alternate Delegate (2021-2023)
 - ACOEM Alternate Delegate (2019-2020)
 - IAIME (formerly AADEP) Delegate (2011-2018)
 - IAIME (formerly AADEP) Alternate Delegate (2005-2011)
 - Reference Committee on Science and Technology Chair (2018)
 - Reference Committee on Public Health Chair (2013)
 - Member (2010)
- CPT Advisory Panel (as IAIME/AADEP Appointee) 2010-2018
- RUC Advisory Panel (as IAIME/AADEP Appointee) 2014-2018

Interstate Postgraduate Medical Association

- Board of Directors (2017-current)
 - Chair (2024-current)
 - Vice Chair (2019-2023)
 - Program Committee Chair (2020-2023)
- Authorship Team
 - American Board of Family Medicine Knowledge Skill Assessment in Musculoskeletal Medicine (KSA) (2022-current)
- Lead Faculty
 - Building Pathways in Pain Management for Patients with Osteoarthritis and Chronic Low Back Pain Project (2018-2019)
 - Chronic Pain Management (2019)

Medical Review Officer Certification Council

- Board of Directors (2022-current)
- Secretary (2023-current)

	<p>American Academy of Family Physicians</p> <ul style="list-style-type: none"> ▪ Commission on Education (2018-2021) ▪ Subcommittee on Graduate Curriculum (2018-2021) <ul style="list-style-type: none"> ○ Chair (2021) ▪ Opioid Member Advisory Group (2018-current) <p>Iowa Medical Society</p> <ul style="list-style-type: none"> • AMA House of Delegates Alternate Delegate (2021-2023) • AMA House of Delegates Delegate (2023-current) • PAC Committee (2019-current)
Appointments	<p>Federation of State Physician Health Programs Evaluation and Treatment Accreditation Program</p> <ul style="list-style-type: none"> • Subject Matter Expert (2024-current) <p>American Medical Association Guides to the Evaluation of Permanent Impairment Editorial Panel</p> <ul style="list-style-type: none"> • Co-Chair (2019-current) <p>Social Security Administration Retaining Employment and Talent after Injury/Illness Network (RETAIN) Demonstration Project</p> <ul style="list-style-type: none"> • Technical Working Group (2019-current) <p>American Academy of Orthopedic Surgeons Carpal Tunnel Syndrome Clinical Practice Guidelines Work Group</p> <ul style="list-style-type: none"> • Member (2021-2024) <p>Department of Transportation Federal Motor Carrier Safety Administration National Registry of Certified Medical Examiners</p> <ul style="list-style-type: none"> ▪ Medical Review Board (2024-2027) • Work Integrated Product Team – Certification Examination Development (2007-2011) • Champions Program (2013-2016) <p>Work Loss Data Institute Official Disability Guidelines Official Disability Guidelines Treatment in Workers Compensation</p> <ul style="list-style-type: none"> • Editorial Advisory Board (2002-current) <p>MRO Update Newsletter American College of Occupational & Environmental Medicine</p> <ul style="list-style-type: none"> • Guest Author (2002-2021)

	ACOEM Practice Guidelines <ul style="list-style-type: none"> • Advisory Panel (2005-2009, 2017-current) • Mental Health IME Standards Update (2024)
Publications	<p>Martin DW (2024) Independent Medical Evaluations (Chapter 4) in May, V., III, Bowman, R., & Barna, S. (2024). Handbook of Medical Aspects of Disability and Rehabilitation for Life Care Planning. Routledge.</p> <p>Melhorn JM, Gelinas B, Martin DW, Hegmann KT, Thiese MS. Advancements in AMA Guides Musculoskeletal Impairment Evaluations: Improved Reliability and Ease of Use. J Occup Environ Med. 2024 Sep 1;66(9):737-742. doi: 10.1097/JOM.0000000000003145. Epub 2024 May 10. PMID: 38729185.</p> <p>Melhorn JM, Gelinas B, Martin DW, Hegmann KT, Thiese MS. Comparative Analysis of Upper Limb Impairment Rating Processes in the American Medical Association Guides Sixth Edition 2024 Versus 2008: Impact on Stakeholders. J Occup Environ Med. 2024 Oct 1;66(10):834-838. doi: 10.1097/JOM.0000000000003186. Epub 2024 Jul 4. PMID: 39016248.</p> <p>Martin, Douglas W. MD. Practical Applications and Observational Implications of Time-Based Coding for Workers' Compensation Clinical Encounters—A Follow-up to Best Practices in Documenting and Coding High-Value Care in Workers' Compensation Encounters—ACOEM Guidance Statement. Journal of Occupational and Environmental Medicine 66(7):p e321-e322, July 2024. DOI: 10.1097/JOM.0000000000003150</p> <p>Hyman MH, Martin DW. (2023) Guidelines for Performing Disability Evaluations. American Family Physician. Nov;108(5):Online. PMID: 37983690.</p> <p>Martin DW (2022) <i>Occupational Health Medical Directives and Nursing Procedures</i>. Dakota Dunes, South Dakota, Martin Occupational Medicine, PC.</p> <p>Stewart-Patterson C, Bourgeois R, Martin DW. (2021) The Importance of Keeping Patients with Post-Acute Sequelae of SARS-CoV-2 Infection (Long COVID) Engaged in Work. Am Fam Physician. Jun 15;103(12):710. PMID: 34128623.</p> <p>Martin DW (2021) Thoracic Outlet Syndrome Is Typically Not an Urgent Condition. <i>American Family Physician</i>. Mar. Vol 103, p. 261</p> <p>Martin DW (2018) Challenges in Rating Multiple Extremity Conditions: A Case of Quadrilateral Space Syndrome and Medial Elbow Injury. <i>AMA Guides Newsletter</i>. 2018 March/April: 9-12.</p> <p>Martin DW. (2018) <i>Independent Medical Evaluation: A Practical Guide</i>. Cham, Switzerland, Springer International Publishing.</p>

Drury DL, Adamo P, Cloeren M, Hegmann KT, Martin DW, Levine MJ, Olson SM, Pransky GS, Tacci JA, Thiese M; (2018) Ad Hoc Committee on Patient Satisfaction Surveys. Patient Satisfaction Measurement in Occupational and Environmental Medicine Practice. *J Occup Environ Med*. May;60(5):e227-e231.

Cloeren M, Adamo P, Blink R, Burress J, Galloway L, Glass L, Martin D, Mueller K, Papanek P, Peplowski B; ACOEM Task Force on Coding Quality Care in Workers' Compensation. (2016) Defining Documentation Requirements for Coding Quality Care in Workers' Compensation. *Journal of Occupational & Environmental Medicine*. 2016 Dec;58(12):1270-1275.

Martin DW, Barth RJ, Nguyen T., Randolph D., Talmage J., Travis R. (2015) *Complex Regional Pain Syndrome – What Is the Evidence?* Chicago, Illinois, Veritas Medicus

Goldsmith RS, Hartenbaum NP, Martin DW. (2015) Medical Marijuana in the Workforce. *J Occup Environ Med*. Nov;57(11):e139.

Goldsmith RJ, Targino MC, Fanciullo RJ, Martin DW, Hartenbaum NP, White JM, Franklin P (2015) Medical Marijuana in the Workplace - A White Paper Prepared by the ACOEM Pharma and MRO Sections. *Journal of Occupational & Environmental Medicine*. May; 57;518-525

Martin DW (2015) Social Security Disability. In *AMA Guides to Navigating Disability Benefit Systems*. Kertay, Eskay-Auerbach, Hyman (Eds.) Chicago, Illinois, AMA Press

Melhorn MJ, Martin DW, Brooks CN, Seaman S (2013) Chapter 9 – Upper Limb. In *AMA Guides to the Evaluation of Disease and Injury Causation, Second Edition*. Melhorn, Talmage, Ackerman, Hyman (Eds.) Chicago, Illinois, AMA Press

Martin DW (2013) Chapter 29 Section 2 – Causation: The Occupational Physician's Perspective. In *AMA Guides to the Evaluation of Disease and Injury Causation, Second Edition*. Melhorn, Talmage, Ackerman, Hyman (Eds.) Chicago, Illinois, AMA Press.

Talmage JB, Martin DW. (2011) Reliability of the AMA guides to the evaluation of permanent impairment and commentary. *Journal of Occupational & Environmental Medicine*. Apr;53(4):345.

Martin DW (2011) Chapter 10 – The Challenges to and the Importance of the Primary Care Physician's Role in Return to Work. In *AMA Guides to the Evaluation of Work Ability and Return to Work*. Talmage, Melhorn, Hyman (Eds.) Chicago, Illinois. AMA Press

Hartenbaum NP, Martin DW; (2003) American College of Occupational and Environmental Medicine. Qualifications of Medical Review Officers (MROs) in regulated and nonregulated drug testing. *J Occup Environ Med*. Jan;45(1):102-3.

**Teaching
Appointments**

ACOEM

- Medical Review Officers Training Courses (2023-current)
Course Chair (2024-current)
- AMA Guides to the Evaluation of Permanent Impairment –
A Case Based Approach to Understanding and Implementing the Guides
Course Chair (2016-current)
- Musculoskeletal Examination and Treatment Techniques
Course Chair (2011-current)
Faculty (2008-current)
- American Occupational Health Conference
MRO Controversies Session Moderator and Faculty
Independent Medical Examination Faculty
Introduction to Occupational Medicine Faculty
Suturing Skills Workshop Faculty

IAIME / AADEP

- Core Clinical Faculty Member (1999-2016)
- Comprehensive Training Course
Chair (2015-2016)
Co-Chair (2013-2014)
Faculty (1999-2016)
- AMA Guides Training Courses
- AMA Guides Sixth Edition CD Enduring Material Course
- AMA Guides Fifth Edition CD Enduring Material Course
- Report Writing Workshop

IPMA

- ABFM Musculoskeletal KSA Teaching Faculty (2023-current)

IAFP

- National Registry of Certified Medical Examiners Training
Course Developer and Faculty (2013-current)
- Pain Management Course
Course Developer and Faculty (2012-2024)
Satisfies Iowa Board of Medicine Licensing CME Requirement

Dr. Martin has presented other lectures to a variety of health care and non-medical organizations too numerous to list here individually. The focus of these presentations primarily lies in the areas of disability assessment, causation analysis, evidence-based care of musculoskeletal injuries, drug and alcohol

	testing, and the use and misuse of the AMA Guides to the Evaluation of Permanent Impairment.
Awards	<p>Gary Hawk Safety Award Iowa Occupational Safety & Health Governor's Advisory Council (2019)</p> <p>Silver Beaver Mid America Council – Boy Scouts of America (2016)</p> <p>Lifetime Achievement Award AADEP (2016)</p> <p>WorkCompCentral Comp Laude Award Finalist (2015)</p> <p>Janet M Wee Award (Outstanding Contribution to Family Physicians of Iowa) IAFP (2014)</p> <p>Meritorious Service Award ACOEM (2013)</p> <p>Freeman Award (Outstanding Educator) AADEP (2005)</p> <p>President's Award for Meritorious Service AADEP (2004, 2006, 2009, 2012)</p> <p>Mead Johnson Award for Graduate Medical Education (Top 20 Family Medicine Residents in the Nation) American Academy of Family Physicians (1994)</p> <p>Honorary Admiral Great Navy of the State of Nebraska (1987)</p> <p>Eagle Scout Troop 353 – Louisville, Nebraska (1982)</p>
Civic Activities	<p>Secretary Diakonia, Inc (2023-current) www.diakoniahaiti.org</p> <p>Vice President Tri State Youth Association (2017-current) www.tristateyouthsd.org</p> <p>Medical Advisor Time 4Haiti www.time4Haiti.com</p> <p>KSCJ Radio (1340 AM) Sioux City, Iowa "The Doctor Is In" Live Radio Segment Covering Occupational Medicine Topics (2023-current)</p>

	<p>Chartered Organization Representative Troop and Pack 28 – Southern Union County, SD (2021-current) www.bsatroop28.org</p> <p>“Voice of the Panthers” Dakota Valley High School Football Public Address Announcer (2021-current)</p> <p>Sub-varsity Football Official Dakota Valley Middle School / High School (2020-current)</p> <p>Troop Committee Troop 28 – North Sioux City, SD (2005-2020)</p> <p>Pack Committee Pack 28 – North Sioux City, SD (2005-2014)</p> <p>Executive Board Chair War Eagle District – Boy Scouts of America (2007-2010)</p> <p>District Committee Chair War Eagle District – Boy Scouts of America (2004-2006)</p> <p>Cubmaster Pack 230 – St. Paul’s Lutheran Church, Sioux City, Iowa (2004-2008)</p> <p>Congregational President Holy Cross Evangelical Lutheran Church – Dakota Dunes, SD (2003-2008) www.holycrossdakotadunes.org</p>	
Hobbies & Interests	<p>Church Activities</p> <p>Family Activities</p> <p>Scouting</p>	<p>Nebraska Cornhusker Athletics</p> <p>Graphic Logo Design</p> <p>Coin Collecting (Canadian)</p>